

# Plainview Public School Menu

## October 2022

Milk and Water Served Daily  
MENUS SUBJECT TO CHANGE

Grades 7-12 Extra Entrée  
or Sandwich: 75 cents

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Chicken Nuggets Alfredo Noodles Corn & Peaches <b>B- Cereal</b>	Hot Ham/Cheese Broccoli Pears <b>B- Cinni Mini</b>	Tater Tot Casserole Green Beans Applesauce <b>B- Poptart</b>	Cream Chicken on Biscuit Peas Apples <b>B- Breakfast Tornado</b>	BBQ Pork Carrots Melons <b>B - Muffin/Fruit</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Breaded Beef Mashed Potatoes Peaches Dinner Roll <b>B- Cereal</b>	Chicken Sandwich Broccoli/Cheese Mixed Fruit <b>B - French Toast Sticks</b>	Hot Dog Baked Beans Pears <b>B- Breakfast Bar</b>	Chicken Fajita Corn Rice Orange Half <b>B- Mini Loaf/Cheese Stick</b>	Deli Sandwich Carrots Applesauce <b>B- Cereal</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Chicken Strips Mac & Cheese Mixed Vegetables Pears <b>B- Cereal</b>	Bosco Sticks Marinara Sauce California Blend Peach Crisp <b>B- Chocolate Crecent</b>	Hamburger/Bun Carrots Fruit Cup <b>B- Scramble Egg</b>	Lasagna Green Beans Pears <b>B- Mini Waffle</b>	No School
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Pizza Broccoli Peaches <b>B- Cereal</b>	Taco Refried Beans Jello Fruit Cup Churro <b>B- Pancake/Sausage</b>	Turkey Sandwich Carrots Craisens Cookie <b>B- Cereal Bar</b>	Cheeseburger Mac Casserole Green Beans Pears <b>B- Breakfast Pizza</b>	Breaded Pork Tri Taters Orange half Dinner Roll <b>B- Long John</b>
<b>31</b>				
Chicken Sandwhich Green Beans Applesauce <b>B- Cereal</b>				Note: "USDA is an equal opportunity provider and employer"